



### **Pre-Operative Instructions:**

- Do not eat or drink anything at least 8 hours prior to your appointment and this includes water.
- Unless your doctor tells you not to, go ahead and take all medicines taken on a routine basis. Please use a small amount of water to swallow medicines.
- You will need a responsible adult, over the age of 18 to accompany you to the clinic. This person will need to stay with you throughout the procedure. If you are having sedation, this adult will need to escort you home and stay with you for the next 6 to 8 hours to ensure your safety.
- If the patient is under the age of 18, they must be accompanied by a parent or legal guardian.
- If you are feeling sick with a head or chest cold, please give us a call. We will most likely need to reschedule your appointment.
- Please remove your contact lenses prior to surgery and dress comfortably. A loose-fitting, short sleeved shirt or blouse are suggested.
- Do not drive a car, operate any machinery, drink alcohol or deal with any important business matters for 24 hours after your surgery.
- It is important that you have someone with you 6 to 8 hours following your surgery for the very rare possibility of a complication.